

Stamp Art

In addition to being good for you, produce such as apples and potatoes, can make colorful artwork when used as stamps. Students will enjoy making fun creations while learning about different fruits and vegetables. Be sure to cut the food and create the stamps prior to beginning the activity.



You will need:

Construction paper
Paint
Various fruits and/or vegetables, such as apples and potatoes
Knife

How to:

1. Slice the fruits and vegetable in half. You may also choose to carve designs in them.
2. Have children dip the food in paint and stamp on the construction paper to create designs and pictures.
3. Optional: After letting them dry, the artwork can be laminated or covered in contact paper to create placemats that children can use.

Suggested Books:

Apples for Everyone by Jill Esbaum
Amazing Apples by Consie Powell
Apple Farmer Annie by Monica Wellington
Apples Here! by Will Hubbell
Up, Up, Up! It's Apple Picking Time by Jody Fickes Shapiro
Potatoes by Dorothy Turner
Two Old Potatoes and Me by John Coy